

Camp

S U M M E R

2 0 2 4

Cheval



THE CLUB
AT CHEVAL

PlayCheval.com

MISSION STATEMENT & COMMITMENT

The Cheval Athletic Club is a vibrant, multi-faceted family facility committed to the safety, enjoyment and development of the children and families we serve, within the exceptional location of the gated Cheval community.

All youth programs at The Cheval Athletic Club strive to provide innovative, diverse, fun, educational, social and developmental programming opportunities year-round. We are dedicated to being the best facility of our kind in the Tampa Bay Area.

Exceeding your expectation is our objective. We look forward to creating a safe, enjoyable atmosphere - an extension of your family and school- in a fun and supervised environment.



POLICIES

WHAT TO WEAR

Each camper will receive a camp shirt to be worn on all field trip days. Also, please make sure your child(ren) are in in cool, comfortable clothing with close toed shoes- no flip flops.

WHAT NOT TO WEAR

We appreciate you helping us enforce these rules. They have been carefully reviewed for both safety of all program participants and staff as well as to ensure the involvement of all the children in the program activities without distractions.

Please do not wear: halter tops, jeans, dark colored clothing, expensive clothing, items that promote tobacco, alcohol, vulgar slogans or innuendoes, dangle jewelry, two piece swimsuits, open toed shoes.

WHAT TO BRING

If your camper is bringing their lunch, please know that no microwave or refrigeration is available. Each day, your camper should bring a swim bag with a towel and swimsuit and sunscreen.

PLEASE MARK EVERY ITEM WITH YOUR CHILD'S NAME!

WHAT NOT TO BRING

While we understand the importance of staying connected with each other, cell phones, iPods, iPads, handheld games and other electronic devices are not permitted at Camp Cheval, unless your camper is participating in a specialty camp. If a child does bring these items, they will be collected at the start of the camp day and given back to them at sign out.

SPECIALTY CAMP DROP OFF & PICK UP

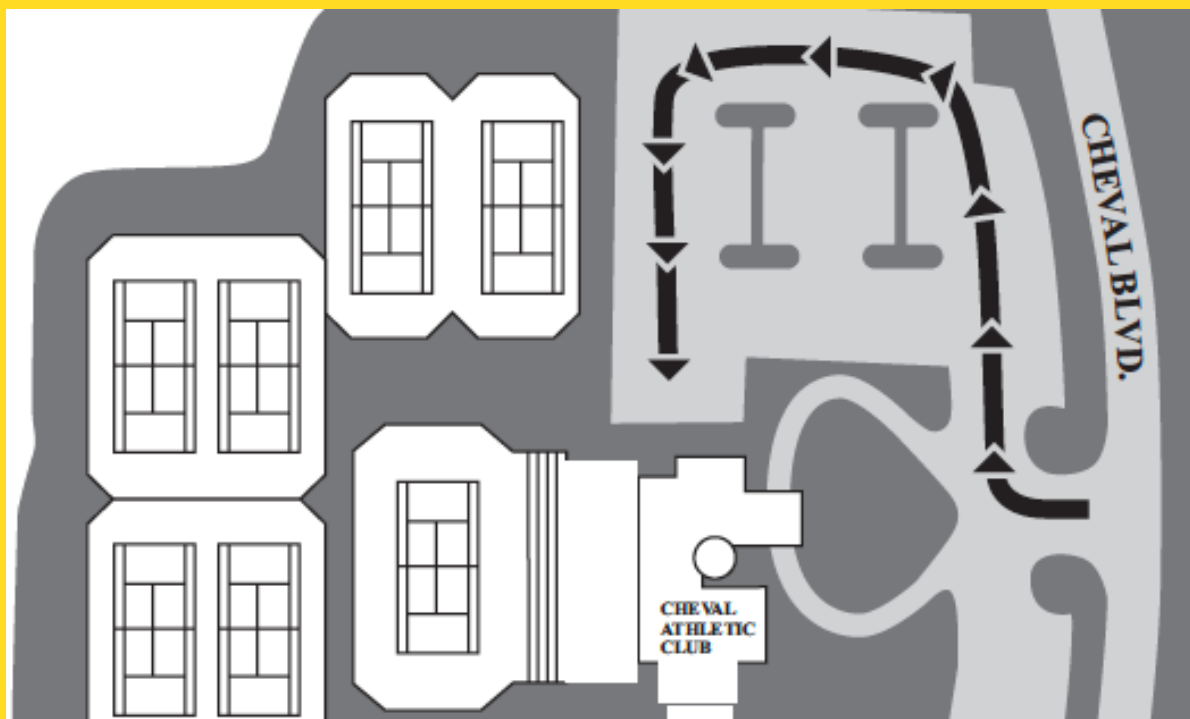
Drop off for specialty/half day camps will begin 15 minutes prior to the camp starting. If your child is not with us for full day care, and participating in one of our tennis, aquatics or golf camps- drop off and pick up will occur at the program area. Please refer to the email sent by the director of each of those programs for more information.

If your child is participating in one of our Club specialty camps (not part of the full day care) drop off for all morning camps will be held in the carline at the Athletic Club. You can pick up your half day camper at 12pm from the lobby area of the Athletic Club. If your child is participating in an afternoon camp, please make sure they are dropped off at the Athletic Club lobby area at 11:45am and picked up in the same location at 4pm.

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DROP OFF & PICK UP FOR CAMPER WHO ARE HERE FOR FULL DAY CARE

For your convenience, we have a "Drive thru" drop off and pick up system. This will allow a fast and easy way to get in and out of the AC parking lot each day. Please see the map that will explain the flow of traffic during drop off (7:30-9am) and pick up (4pm-6:30pm) times. Please note, if we are experiencing inclement weather, all drop offs and pick ups will occur under the overhang at the front of the building. .



SUNSCREEN

Camp Cheval does not provide sunscreen. Parents should apply sunscreen on the child before sending the child in the morning. Sunscreen breaks will be taken periodically. Children will apply sunscreen to themselves using their own sunscreen. As a last resort, staff may apply sunscreen, using the "bathing suit rule" which means that they will apply only to the areas that would not be covered by a one-piece swimsuit.



Dear Parents,

Thank you for choosing Camp Cheval this year! We are very excited to begin this summer with you and your family. We have many camp experiences to fit your child's interests at Camp Cheval including full day camps and half day specialty camps. Regardless of their choice, know they are in for an unforgettable summer, where new friendships will be formed, campers' confidence will grow and their memories from camp will last a lifetime!

Camp Cheval focuses on nurturing the potential of children and helping them grow. We encourage fun and friendship in a safe environment and provide the opportunity for young people to build self-esteem, develop interpersonal skills, and make lasting memories. Summer camp also provides kids with the things they need to succeed in school by providing engaging, hands-on education-based activities that help kids avoid summer learning loss.

We look forward to exceeding your expectations at Camp Cheval and we're happy you and your family will experience "THE PLACE TO BE" this summer!

See you at Camp Cheval,
2024 Camp Cheval Staff
The Club at Cheval



CAMP CHEVAL 2024

Week 1: May 28- May 31

Week 2: June 3-June 7

Week 3: June 10-June 14

Week 4: June 17-June 21

Week 5: June 24- June 28

Week 6: July 1- July 3

Week 7: July 8- July 12

Week 8: July 15- July 19

Week 9: July 22- July 26

Week 10: July 29- August 2

Week 11: August 5- August 9



[PLAYCHEVAL.COM](https://playcheval.com)

FULL DAY

Camps

Day Camp

Ages: Rising K—3rd graders

Cost Per Week: Members \$220/Non Members \$250

Week 6 Cost: Members \$140/Non Members \$170

Time: 7:30a—6:30p

Get ready for the total camp experience with your friends both old and new! Day Camp is separated into age groups and features a rotation of diverse activities centered around our weekly theme. Activities include indoor games, outdoor recreation, team challenges, structured swim time, arts and crafts and so much more! You will not want to miss what we have lined up for day camp this summer! Day campers enjoy 1 field trip, for an additional charge, per week and waterslides every Friday.



Xtreme Camp

Ages: Rising 4th-7th graders

Cost Per Week: Members \$220/Non Members \$250

Week 6 Cost: Members: \$140/ Non Members \$170

Time: 7:30a—6:30p

Xtreme Campers enjoy all the same fun games and activities as the day campers like team challenges, swim times, and themed weekly activities with some extra perks to peak the interest of the “mature” camper. Xtreme campers will enjoy 2 field trips, at an additional charge, each week. Your child will not want to miss this opportunity to be engaged with their friends and off their devices.



FULL DAY

Camps



Adventure Camp

Weeks: 2,4,7,9

Cost Per Week: Members \$360/Non Members \$410

Time: 7:30a—6:30p

Get ready for a week of adventure! Campers will explore a new trip every day of the week all geared around that weekly theme. Space is limited and you won't want to miss this!

Week 2: Animal Lover Era

Ages: 2nd-4th graders

NEW

If you're an animal lover, this camp is for you! Campers will enjoy some fun with horses, crocs, giraffes and more!
Mon: Horse Power; Tues: Zoo Tampa; Wed: Clearwater Aquarium; Thurs: Fort Desoto Park; Fri: Croc Encounters

Week 4: Classic Hits Era

Ages: 3rd-7th graders

NEW

Summer Classics is for campers who can't get enough of the classic summer field trips...from trampoline parks to indoor ropes courses, and movies to laser tag. These campers will have a blast with an action-packed week of fun. Mon: Movie; Tues: Congo River Golf; Wed: Elevate; Thurs: Laser Ops; Fri: Urban Air

Week 7 & 9: Splashin' Around Era

Ages: 3rd-7th graders

NEW

Campers will travel everyday enjoying new water filled adventures from splash parks to water parks. Time to get wet and wild with this Splashtastic fun-filled water adventure camp.

Week 7 Field Trips: Mon: Weeki Wachee; Tues: Eperson Lagoon; Wed: Buccaneer Bay; Thurs: Lithia Springs; Fri: Causeway Beach

Week 9 Field Trips: Mon: Buccaneer Bay; Tues: Rainbow River; Wed: Fred Howard Park; Thurs: Wekiwa Springs; Fri: Homosassa Springs

FUN FRIDAYS

Ages: Rising K-7th graders

Weeks: All Weeks Except 6

Cost Per Day: Members: \$100/

Non Members \$125

Time: 7:30a—6:30p

Can't make a whole week of summer camp? Campers will enjoy the fun of full day camp and a waterslide day without the commitment of the full week.

HALF DAY



Painting with Your Imagination

Ages: Rising K-3rd graders

Weeks: 1, 8

Cost Per Week: Members \$180/Non Members \$210

Time: 1p-4p

Campers will learn how to create their own creations using canvases, clay, pottery and more! This will include a field trip to a pottery place where the campers will be able to paint their pottery and have it glazed.

SPORTSTASTIC

Ages: Rising 1st-3rd graders

Weeks: 1, 8

Cost Per Week: Members:
\$150/ Non Members \$185

Time: 9a-12p

Ages: Rising 4th-6th graders

Weeks: 2, 7

Cost Per Week: Members: \$150/
Non Members \$185

Time: 9a-12p

Sports, sports and more sports! This camp is for the sports lover who loves variety, drills, competition and FUN! We will change up the main focus of the day with a tournament type competition on Friday.

Monday: Flag Football

Tuesday: Soccer

Wednesday: Kickball/Pickleball

Thursday: Basketball

Friday: Tournament Day

NEW

CHEER & DANCE

Ages: Rising K-2nd graders

Weeks: 4, 11

Cost Per Week: Members: \$150/
Non Members \$180

Time: 1p-4p

Enjoy a week of a little dancing, cheering, and technique taught by high school or college cheer athletes. Campers will have an opportunity to perform for their families on the last day of camp.

NEW



JR CHEF CAMP

Ages: Rising 3rd-6th graders

Weeks: 2,5,8,11

Cost Per Week: Members \$215/Non Members \$250

Time: 9a—12p

Campers will create their own recipe book, experiment with different food styles, conduct their own mini cafe for parents and learn about kitchen safety.

Week 2: Bodacious Breakfast

Week 5: Traditional Foods

Week 8: International Flair

Week 11: Sweet Treats



HALF DAY



MAD SCIENCE



Ages: Rising 2nd-5th graders

Weeks: 2,4,8

Cost Per Week: Members \$150/Non Members \$180

Time: 1p—4p

Welcome to our exciting Science Camp, where curiosity meets discovery! Our Science Camp is a dynamic and engaging program designed to ignite the passion for science in young minds. Aimed at students of various age groups, our camp offers a unique blend of hands-on experiments and interactive learning.



HALF Camps DAY



FISHING

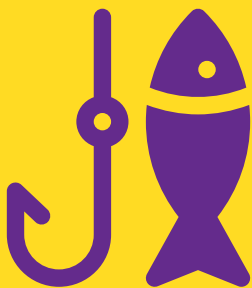
Ages: Rising 3rd-7th graders

Weeks: 4, 7, 9

Cost Per Week: Members \$150/Non Members \$185

Time: 9a-12p

Campers will learn and sharpen their knot tying, hook setting, and casting skills. They will learn about nature and safety around the water. Help build a love and appreciation for the great outdoors in your child by ditching the devices and getting those hands dirty outside in the sun. Campers, get ready to explore and expand your horizons! Each camper will receive a filled tackle box. *Rods will not be provided



NERF

Ages: Rising 1st-4th graders

Weeks: 3,7,9

Cost Per Week: Members \$160/Non Members \$190

Time: 1p-4p

NERF, NERF & MORE NERF!!!

Are you ready to become a Nerf marksman? This is the camp for you! We'll have target practice, training games and obstacle courses, training you to be the greatest Nerf warrior EVER. There will be a mix of individual and team events throughout the week. On Friday, campers will battle it out in the ultimate team game...where only one team will reign supreme.

PRINCESS POWER

Ages: Rising K-3rd graders
Weeks: 4,10
Cost Per Week: Members \$170/Non-Members \$200
Time: 1p-4p

This camp is an old favorite with a new spin to highlight our favorite childhood princesses. This girl only camp will include fun arts and crafts, spa treatments, nail painting, a dress up tea party at the end of the week and much more! While your girls will have plenty of opportunities to flex their princess muscles, we will also focus on girl empowerment as they make new friends and work on activities with an all-female staff.



PICKLEBALL CAMP

Ages: Rising K-3rd graders
Weeks: 2, 4, 6, 8, 10
Cost Per Week: Members
\$160/Non-Members \$180
Time: 1p-3p



Ages: Rising 4th-7th graders
Weeks: 1, 3, 5, 7, 9, 11
Cost Per Week: Members \$160/Non-Members \$180
Time: 1p-3p

Learn to play to fastest growing sport in the world!! This Camp will cover the basics strokes, the rules and tactics, with plenty of time to play! Teenager Friendly!

HALF *Camps* DAY



BEST OF BOTH WORLDS

Ages: Rising K-7th graders
Weeks: All 10 Weeks *except week 6
Cost Per Week: Members: \$105/ Non Members \$130
Time: 7:30a—6:30p

Campers who are registered for our half day camps can be upgraded to a full day of camp! Campers will spend their time in their half day camp and join the day campers for the remainder of the day. This is a great way to keep the fun going ALL DAY long!*Best of Both worlds does not include the day/extreme camp field trips.

TENNIS

Camps

LITTLE STARS

Little Stars (Red Ball)
 Grades: Rising K-2nd
 Weeks: Offered all 10 weeks *except Week 6
 Time: 9a-11a
 Cost per Week: \$160 Members/ \$180 Non-Members

Using Red Balls and the 36' court the goal is to learn the fundamentals in a positive and fun environment. Our Coaches run drills and games that develop basic ball striking skills, hand eye coordination and movement as we introduce tennis to our Little Stars.

HOT SHOTS

Hot Shots (Orange Ball)
 Grades: Rising 3rd-6th
 Weeks: Offered all 10 Weeks *except Week 6
 Time: 9a-12p
 Cost per Week: \$235 Members/ \$265 Non-Members

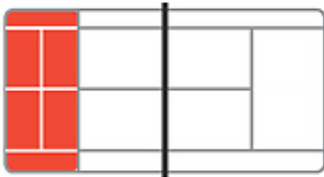
Using Orange Balls and the 60' court kids will learn the correct technique for tennis strokes and work on rallying progressions. Using fun drills and games, we will work on hand eye coordination, movement and teach kids how to play the game. Kids will be split by level of play and experience.

GET STARTED. MOVE ON. LEVEL UP.

RED BALL



The tennis journey starts with the red level. Red balls can be made of foam or felt, are larger, bounce lower and travel slower than the standard yellow ball making it easier to learn and acquire skills.



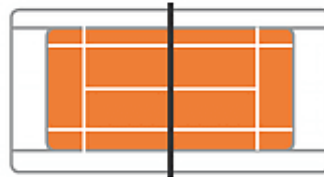
COURT SIZE: 36' x 18'

Red Courts are short and narrow, making it easy for players to focus on learning the fundamentals of the game.

ORANGE BALL



Orange balls travel through the air a little faster and farther than the red ball, but are the same size and still bounce lower than a yellow ball.



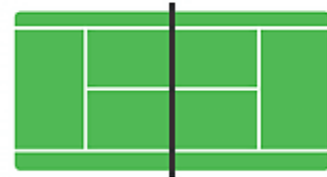
COURT SIZE: 60' x 21' - OR - 60' x 27' (DOUBLES)

Slightly smaller than the full-size 78' court, Orange Courts are ideal for players who are still developing their athletic, technical, and competitive skills.

GREEN & YELLOW BALLS



Green balls have a slightly reduced bounce compared to the yellow ball making the transition to a full-size 78' court much easier.



COURT SIZE: 78' x 27' - OR - 78' x 36' (DOUBLES)

At this stage, while continuing to improve their tactical and technical skills, a player's size does not hinder their ability to cover a full-size tennis court.

GO GOLF

Camps



PLAYERS CLUB



Level: Intermediate & Advanced (Limit 8 Kids)
Ages: 8-15 years old
Weeks: Offered all 10 Weeks *except Weeks 6 & 10
Afternoons 1p-4p
Cost per Week: \$160 Members/ \$185 Non-Members

This camp will be a supervised, on-course playing camp (the goal will be for campers to play 9-holes every day). Counselors and/or Instructors will accompany the campers out on the course for a daily playing experience (campers will be walking a lot!). Players Club will be a great way for young golfers looking to take their games to the next level to get plenty of playing experience. If weather dictates (rain threatens or excessive heat), Players Club will happen in the Grail on the Flightscope simulators.

FUNDAMENTALS

Level: Beginner/Intermediate
Ages: 6-13 years old
Weeks: 1,2,3,4,7,8,9
Time: 9a-12p
Cost per Week: \$190 Members/ \$220 Non-Members

The perfect camp for beginners and intermediate players to gain the skills necessary to learn the game of golf. Campers will play our Thoroughbred Academy's favorite games like Pirates, Aces Races, and Noodle Chipping and be introduced to play on the course. Focus will be on solidifying the fundamentals of grip, aim, and movement to build the foundation needed to grow in the game.



OPERATION 36

Level: All
Ages: 7-15 years old
Weeks: 5 & 10
Time: 9a-12p
Cost per Week: \$190 Members/ \$220 Non-Members

Using the Operation 36 model, this camp will focus on honing the skills and strategies necessary to improve confidence and scoring on the course. Campers will play our Thoroughbred Academy's favorite games like Pirates, Aces Races, and Knockout and get plenty of on-course time in this fast-paced, fun camp. If you are a current Thoroughbred Academy participant looking to move up a level, or a junior golfer wanting to take your game to the next level, this camp is for you.





AQUATIC

Camps

TAMPA ELITE

AQUATICS

MANTA RAYS



Session 1: 6/3-6/6

(Week 2, M-Th)

FREESTYLE & BACKSTROKE
CLINIC

Session 2: 6/17-6/20

(Week 4, M-Th)

BREASTSTROKE & BUTTERFLY
CLINIC

Session 3: 7/8-7/11

(Week 7, M-Th)

STARTS & TURNS - CLINIC

Session 4: 7/22-7/25

(Week 9, M-Th)

FALL PREP

TIME: 9:30A-12:30P

AGES: 8-14

COST:
TEAM & CHEVAL
MEMBERS:
\$175/SESSION

NON MEMBERS:
\$225/SESSION

This is an AMAZING opportunity for 8-14 year-olds to perfect their skills. Our highly trained coaches will take them through creative drills relevant to each session's focus. There will be video references from the best swimmers in the world as well as the use of video to analyze the swimmer's technique. Don't let your swimmer miss a chance to take their swimming to the NEXT LEVEL!



AQUATIC *Camps*



POOL DAYS

Ages: Rising 1st-3rd graders

Weeks: 1, 10, 11

Cost Per Week: Members \$140/Non Members \$190

Time: 9a-12p

If your camper is looking for some fun in the sun- this is the camp for them! Our camp staff will provide hours of pool fun while focusing on water safety. We will also pull out the slip n slide fun, huge water slide on Fridays and a trip to a splash park! You won't want to miss this summer FUN!

WATER PALOOZA

Ages: 6-14

Weeks: 3, 5, 8 (Monday-Thursday Only)

Cost Per Week: TEAM & Members \$150/

Non Members \$200

Time: 9a-12:30p

As the name suggests Water Palooza will be a weeklong pool party! Our experienced coaches will lead the group through an abundance of water games and events, while teaching skills in pool and water safety. This will be a MUST attend pool party for all our 6-14-year-olds! Grab your friends and JUMP IN!





FIELD Trips

All field trips listed below are available add ons for our traditional, full day campers. If your camper doesn't want to participate in the field trip, we will have fun activities available at the Club to fill their day!

Day Camp Field Trips

<p>May 29 Zoo Tampa \$35/camper</p>	<p>Jun 5 Park Day Carrollwood \$15/camper</p>	<p>Jun 12 Dinosaur World \$35/campers</p>
<p>Jun 19 Park Day Waterworks \$15/camper</p>	<p>Jun 26 Florida Aquarium \$35/camper</p>	<p>Jul 10 Great Explorations \$35/camper</p>
<p>Jul 17 Park Day Lake Park \$15/camper</p>	<p>Jul 24 Glazier Kids \$35/camper</p>	<p>July 31 Rays Game \$35/camper</p>
<p>Aug 6 Park Day Lake Park \$15/camper</p>		



FIELD *Trips*

All field trips listed below are available add ons for our traditional, full day campers. If your camper doesn't want to participate in the field trip, we will have fun activities available at the Club to fill their day!

Extreme Camp Field Trips

May 30 Zoo Tampa \$35/camper	Jun 4 Park Day Waterworks \$15/camper	Jun 6 Altitude \$35/campers	Jun 11 Park Day Carrollwood \$15/camper
Jun 13 Top Golf \$35/camper	Jun 18 Beach Day \$15/camper	Jun 20 Florida Aquarium \$35/camper	Jun 25 Park Day Lettuce Lake Park \$15/camper
Jun 27 Main Event \$35/camper	Jul 9 Park Day Lake Park \$15/camper	Jul 11 Congo River Golf \$35/camper	Jul 16 Park Day Common Ground Park \$15/camper
Jul 18 Clearwater Aquarium \$35/camper	Jul 23 Buccaneer Bay \$35/camper	Jul 25 Catapult \$35/camper	Jul 31 Rays Game \$35/camper
Aug 1 Ice Skating \$35/camper	Aug 6 Pin Chasers \$35/camper	Aug 8 Escape Room \$35/camper	